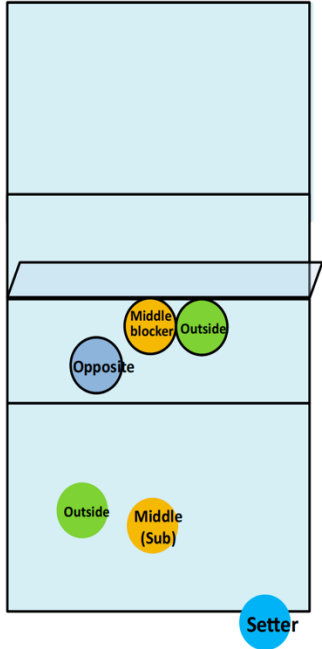
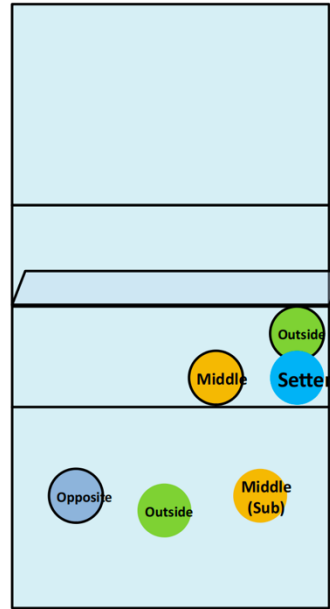


5-1 Volleyball Serve Receive Rotations Volleyballinsights.com

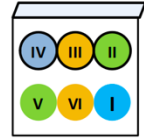
Setter serving (position-1).



Serve Receive with setter(position-1).

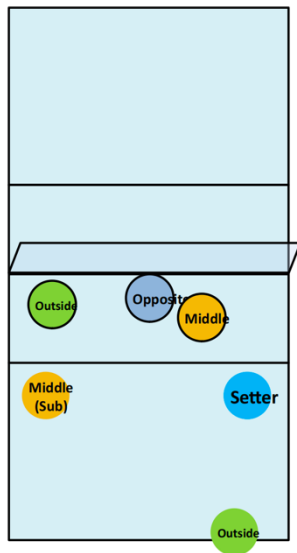


Rotational Positions

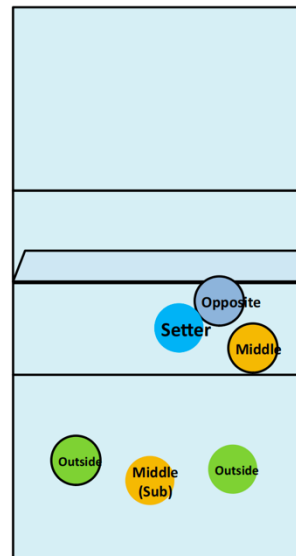


Outside serving with setter in 6.

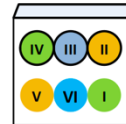
Notice that the setter is allowed to cross over the server and start in her home position.



Serve Receive with setter in 6.

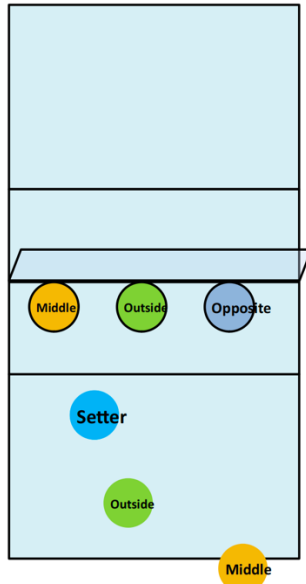


Rotational Positions

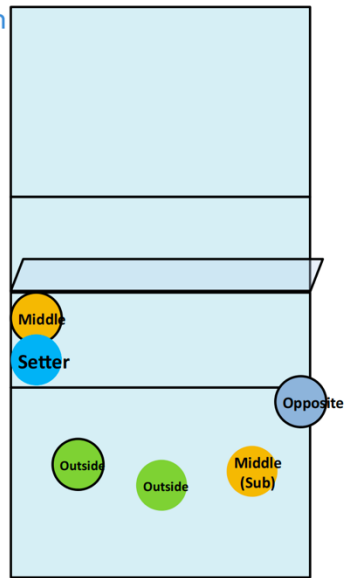


Notice that the three back row players are in line left-to-right (middle, setter, outside)

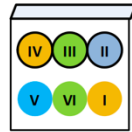
Middle serving with setter in 5.



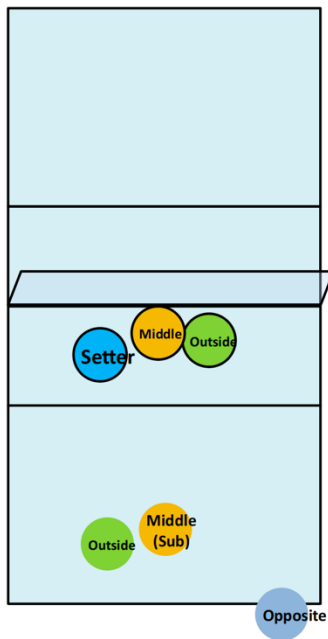
Serve Receive with setter in 5



Rotational Positions



Opposite serving with setter in 4.



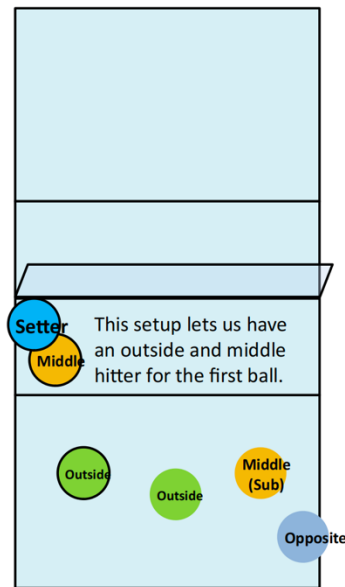
Serve Receive with setter in 4.

Sometimes a team will have the outside hitter hit on the right side and then switch after sending the ball over.

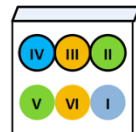
Alternative -1



Alternative-2



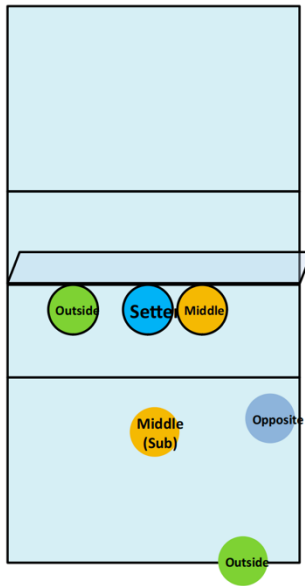
Rotational Positions



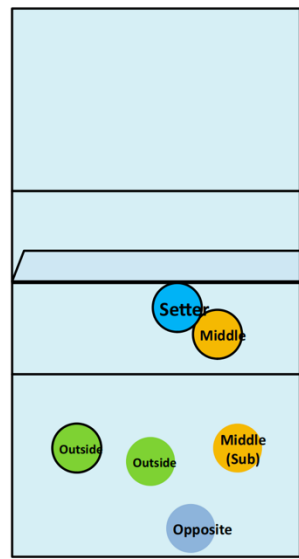
This setup lets us have an outside and middle hitter for the first ball.

Outside serving with setter in 3.

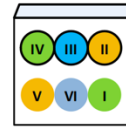
Notice that the opposite in the back row is allowed to cross over the server and start in her home position.



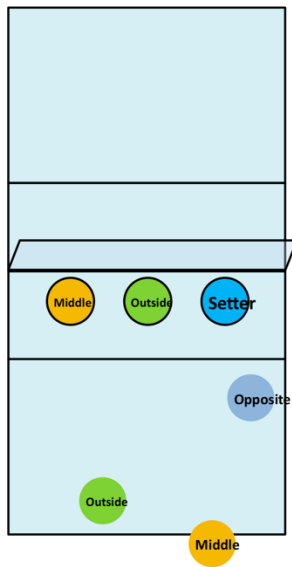
Serve Receive with setter in 3.



Rotational Positions



Middle serving with setter in 2.



Serve Receive with setter in 2.

Also ok; common for Middle School



Rotational Positions

